

depression, and anxiety disorders. The results of this study suggest that a significant proportion of children with depression also experience anxiety symptoms, which may complicate clinical assessment and treatment. The findings also highlight the importance of a comprehensive clinical history and assessment when evaluating children with depression, as comorbid anxiety symptoms may influence the presentation and course of the depressive episode. Future research should focus on the development of targeted interventions that address both depression and anxiety in children, as well as the role of family and social support in the management of these conditions.

As a consequence of the COVID-19 pandemic, there has been a significant increase in the prevalence of mental health issues in children and adolescents. This study contributes to the understanding of the complex interplay between depression and anxiety in this population. The high prevalence of comorbid anxiety symptoms in children with depression is a concerning finding, as it suggests that these children may be at a higher risk of long-term psychological difficulties. The study's limitations include the use of self-report questionnaires, which may be subject to bias, and the relatively small sample size. Future research should aim to replicate these findings with a larger, more diverse sample and include clinical interviews to confirm the presence of comorbid symptoms. Additionally, longitudinal studies would be valuable to explore the stability and course of these symptoms over time.

In conclusion, this study highlights the significant prevalence of comorbid anxiety symptoms in children with depression. The findings underscore the need for a holistic approach to the diagnosis and treatment of mental health issues in children, taking into account the complex interplay between different psychological conditions. Further research is needed to better understand the mechanisms underlying these comorbidities and to develop effective, targeted interventions.